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COL Ingram

Notes from the Commander and Command Sergeant Major



CSM Henry

A Look Back, A Look Ahead

By COL Matthew Ingram

CSM Henry and I are honored to present the inaugural issue of the All American Brigade's Sentinel Newsletter. In this issue I would like to call your attention to the 100th Anniversary of Army Reserve Officer's Training Corps (ROTC). Established in the 1916, Army ROTC was formed to answer the call for officers to lead our nation's Army in preparation for the First World War. Starting with 46 initial programs in 1916, Army ROTC has since grown to be the nation's largest source of Officers to support the total Army Force (Active Duty, Reserve, and National Guard). Today, Army ROTC maintains a presence in every state, as well as Guam and Puerto Rico, with 275 host programs. This year 4th Brigade will commission over 660 Second Lieutenants as part of the "Centennial Class" encompassing all branches of our Army.

Our Cadets have spent the last two to four years learning to lead America's sons and daughters and preparing to enable the welfare, morale, and professional development of the Soldiers under their leadership. Cadre partnered with our partner colleges and universities devoted countless hours and effort to identifying, educating, and training agile and adaptive leaders of character prepared to assume the mantle of leadership in our military and our communities.

Both the CSM and I recognize and appreciate the efforts of 337 Cadre members (Active Duty, Reserve, National Guard and Department of the Army Civilian) coupled with the unsurpassed support of 143 universities spread across six states and the District of Columbia. Further, we acknowledge the dedication of the "Centennial Class" of Cadets who have chosen a path of servant leadership to ensure the security of our nation and look forward as they write the next chapters in the history of our Army.

"This We'll Defend"

Character and Discipline

By CSM Michael Henry

The Brigade Commander and I are proud to present the Sentinel Newsletter for the months of April, May, and June of 2016. Our intent is to share articles and news that "tell the Army Story" from multiple perspectives. In this venue we can share thoughts relevant to our mission to develop leaders of character. Two topics I will share with you are my thoughts on Character and Discipline.

Character is a critical component of being a successful Army leader. Character is one's true nature including identity, sense of purpose, values, virtues, morals, and conscience. Character is reflected in an Army professional's dedication and adherence to the Army Ethic and the Army Values. Character is the essence of who an individual is, what an individual values and believes, and how they behave. Our institution builds leaders of character through education at the institutional, organizational and in their own individual studies.

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CADET SPOTLIGHT

A New Setting

By CDT Charles Davis
Morgan State University

As I start a new chapter in my life, I have already been faced with two major firsts: starting college and being in ROTC. The experience of being a full-time college student at Morgan State University as well as learning to become a United States Army officer has truly been a test. Growing up, I played football from the time I was six to seventeen years old. Each year the competition became tougher and tougher; which in turn required me to train even harder. The most rewarding part of it all is that I was forced to grow up faster than a lot of my peers. When I got to high school, I started on the varsity football as a freshman and helped lead it to the first state championship in thirty years. As I made a name for myself on the field, I made a name for myself off the field by excelling in the classroom by maintaining a 3.25 GPA.

I applied for the National Army ROTC Scholarship – a highly competitive award program. Applying for the scholarship and the ROTC program, I had no idea what I was in for. I assumed that because of all the extensive and extracurricular football development I did on my body that I was in perfect shape to meet the physical requirements – I, in fact, was in for a rude awakening.

I decided that my first semester of college would be dedicated adjusting to school, understanding ROTC, and finding ways to leverage myself to positions that create success. The first day of class I was excited to start ROTC. I couldn't wait until I could be seen in my own uniform. I remember standing in formation and our PMS, Lt. Colonel Bornn gave the battalion history of the program. At that moment, I felt like I was apart of something that was bigger than myself. I had to learn how to march, how to stand, how to wear the uniform, how to respond when asked questions, and how to ask questions. The older MSIII's, MSIV's, and Cadre made learning easy and fun. After learning the basics came the really fun part. We were able to participate in various activities such as marching in the homecoming parade, going to all the games for free, and doing push ups in the end zone when our football team scored as well as going to "the field" for the weekend where we competed with each other in obstacles and camping out.

In the beginning, I had no idea how I would adjust to being in ROTC. Everyone is willing to help anyone they can to reach the goal of becoming a Second Lieutenant but also teaching the life skills that create better people. Throughout this first semester's experience, I have learned that I cannot be

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Nurse Summer Training Program

By CPT Christyn Gaa and MAJ Norisha Jackson

The Nurse Summer Training Program (NSTP) is a capstone clinical internship for nursing cadets. The primary focus is to provide at least 120 hours of hands on clinical experience during a 28 day rotation at one of the Army's Medical Treatment Facilities across the country and overseas. Throughout the experience, cadets utilize military, leadership, clinical nursing, administrative and interpersonal skills while working alongside an Army Nurse Corps Officer. This year 4th Brigade will send 18 Nursing Cadets to 12 Army Hospitals across the world as part of NSTP.



This training is intended to expose cadets to the mission, structure and personnel of the Army Medical Department (AMEDD) and solidify basic nursing skills. It is also an excellent opportunity to see what a daily routine is like on active duty. Currently NCCU, ECU, UDEL, USC-Up State, Winston-Salem State and JMU offer academic credit for successful completion of NSTP. The Brigade Nurses meet with nursing faculty at each university during annual visits where they discuss the benefits of NSTP and encourage programs to consider allowing credit for completion of this clinical capstone.

Nursing School Deans, Directors, and Instructors will be able to visit NSTP sites during the summer to observe the program in action first hand. Faculty who have attended in the past remark highly on the program and can see the difference it has on the students' clinical practice and leadership when they return for the fall semester.

For more information contact MAJ Norisha Jackson at norisha.l.jackson.mil@mail.mil or CPT Christyn Gaa at christyn.a.gaa.mil@mail.mil.

Cadet News

BSU ROTC Student Selected to Attend George C. Marshall Leadership Seminar

By Cadet Georgina Motley

Georgina A. Motley, a Cadet from the Army Reserve Officer Training Corps (ROTC) program at Bowie State University (BSU), was selected to represent the Bulldog Battalion at the 39th annual George C. Marshall Awards and Leadership Seminar which was held February 22- 24 at Fort Leavenworth, KS.

The George C. Marshall Awards and Leadership Seminar is a venue that facilitates critical thinking on complex issues that future Army leaders will face in years to come. Motley had the opportunity to hear from numerous senior Army leaders on how the Army's Operational Environment (EO) is changing and the threats our OE will be facing in the near future. Those selected to attend the 2016 U.S. Army Cadet Command George C. Marshall Awards and Leadership Seminar walked in the footsteps of one of America's preeminent Citizen-Soldiers. "It was a great honor to be selected to participate in this year's George C. Marshall Awards and Leadership Seminar," said Motley. "As a future officer, the seminar was a great opportunity to learn about our Army's challenges and threats to the operational environment and a great opportunity to network."



Motley was nominated to attend the George C. Marshall Awards Leadership Seminar based on scholarship, leadership, physical fitness and community involvement. She will commission as a 2LT in the United States Army in May 2016.

Pictured is Cadet Motley and GEN Dennis L. Via, Commanding General from Army Materiel Command.

Alumni Spotlight—2LT Nicholas DiLandro, Class of 2014

By Cadet John Braune

Second Lieutenant Nicholas DiLandro commissioned from the Loyola University's Greyhound Battalion in May 2014. He attended Towson University as a history major and was very active in ROTC, participating in Ranger Challenge all four years and selected to serve as team captain and was a Distinguished Military Graduate.

Following commissioning and graduation 2LT DiLandro entered Active Duty. He will serve his first several years in an Infantry billet before transitioning to his basic branch, Military Intelligence. In less than two quick years he quickly moved through his Basic Course, Airborne School, Ranger School and the Reconnaissance and Surveillance Leaders Course (RSLC).

His most memorable experience advancing through the various training has been RSLC, which began only a week after Ranger School completion. His class began with 55 soldiers and only 14 graduated. He shared that his favorite part was the Special Patrol Insertion/Extraction (SPIE) that they trained for. He and his team were trained to hang below a helicopter by a rope. As he put it, "the whole team just dangles from a chopper as it flies".

Now stationed at Fort Campbell with the 3rd Brigade, 101st Airborne Division he will leave for Air Assault School in the coming weeks. As 2LT DiLandro moves on he is hopeful for the opportunity to serve in the Ranger Regiment or in Special Forces. However, his number one priority is becoming the best Platoon Leader possible.

Pictured is 2LT Dilandro with his father, also a Ranger School graduate, at Ranger School graduation





April is Sexual Assault Awareness Month (SAAM). Throughout the month we will holding events at all of our Programs to raise awareness of the issue of sexual assault on campus. One tool that we are promoting is the Circle of 6 app for Smart Phones.

Circle of 6 - www.circleof6app.com - is for everyone. Circle of 6 is a community and a state of mind. It fosters the formation of groups based on trust and accountability and promotes a culture of care, where friends look out for each other and work together to eliminate violence in their communities.

Need help getting home? Need an interruption? Two taps lets your circle know where the person is and how they can help. Circle of 6 app for iPhone and Android makes it quick and easy to reach the 6 people you choose.

Circle of 6 is fast, easy-to-use and private. Originally designed for college students to prevent sexual violence, it's also handy for teenagers, parents, friends, or all communities seeking to foster healthy relationships and safety.



SAFETY

As the temperatures rise every spring, there's a corresponding increase in accidents. People are sometimes a little too eager to get back to the fun (and chores) only warm weather can bring. However, take a moment and think about all of those fun things that have been sitting idle for a few months: motorcycles, gas grills, lawn mowers, boats, and swimming pools.

Take some extra time to make sure that hoses, connections, chemicals, safety gear, and all of the items associated with summer fun (and chores) are in good working order. When in doubt – contact a professional.

Remember that summer weather – especially in the South – requires diligence. Use sun screen liberally and hydrate before, during, and after outdoor work periods. Water is the best way to quickly rehydrate without the unnecessary sugar that some drinks have.

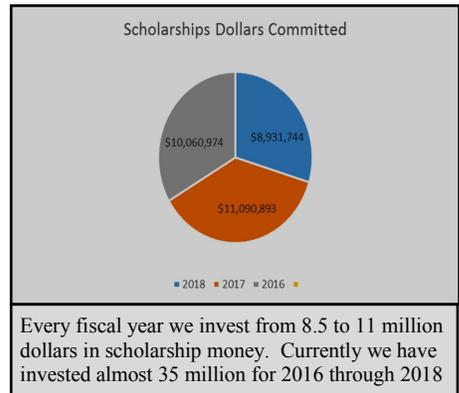
Brigade Recruiting, and Marketing and Outreach

By Richard Brown

Our Brigade consists of small private colleges tucked away in South Carolina to major public universities in the heart of Maryland. Our Host Institutions are well known, household names with rivalries like UNC and Duke, or famous Historically Black Colleges and Universities like Howard and Bowie State. The All American Brigade represents the diversity of our nation as well as majors and degrees from Sports Medicine to STEM.

Our schools attract a national and international pool of students who enhance the overall college experience.

No matter the school, the competition for scholarships is tough. Only 25% of our freshman are on a four year scholarship—with those student representing some of the best that High Schools can produce. Many more of our students earn 3, 2.5, or 2 year scholarships once they are attending college.



Key Dates for Four Year National Scholarships:

- 10 June 2016 (after Junior year): Scholarship Board Process opens on line <http://www.goarmy.com/rotc/high-school-students/four-year-scholarship.html>
- Three Scholarship Boards are decided October, January, and March
- 10 January 2017 (of Senior year): Late day to start the scholarship application process
- 28 February 2017 (of Senior year): Late day to submit a scholarship application
- Late March/Early April: Notifications go out

Other News Links About Our Programs and Cadets

“2016 George C. Marshall Awards & Leadership Seminar” – US Army Cadet Command

February 22nd - February 24th, 2016 (Fort Leavenworth, Kansas)

The nation's top Army ROTC Cadets have been attending the George C. Marshall Award Seminars since 1978. The seminar was originally held in Lexington, Virginia because Virginia Military Institute was the alma mater of General George C. Marshall, who as Army Chief of Staff, grew the U.S. armed services from about 170,000 to more than eight million Americans in uniform by the end of World War II.

<http://www.cadetcommand.army.mil/events.aspx>

“University of Virginia. ROTC Program Receives Gen. MacArthur Award” – UVAToday

Feb 25, 2016

The Army ROTC program at the University of Virginia has received an award for excellence from the U.S. Army's Cadet Command and the Gen. Douglas MacArthur Foundation. The award, created to memorialize the ideals of duty, honor and country advocated by MacArthur, is given for achievement in the unit's commissioning goals, its standing on the command's Order of Merit list and its cadet retention rate.

<https://news.virginia.edu/content/uva-rotc-program-receives-gen-macarthur-award>

“U.S. Army to Award More than \$260,000 in Scholarships to Students During CIAA Basketball Tournament” - PR Newswire, Feb 24, 2016

The U.S. Army will award seven Central Intercollegiate Athletic Association (CIAA) students with more than \$260,000 in ROTC scholarships this week as part of the annual CIAA Basketball Tournament in Charlotte, NC.

<http://www.prnewswire.com/news-releases/us-army-to-award-more-than-260000-in-scholarships-to-students-during-ciaa-basketball-tournament-300225483.html>

Character and Discipline (continued from Page 1)

Individual discipline is the bedrock of one's success. To achieve an outcome leaders must have a focus and avoid distractions that will lead to failure. Making mistakes along the way to is part of the process, but how we recover from those mistakes is key. An organization - large or small - is able to achieve their milestones because individual's discipline interlock, transforming it into an element that is well-organized with a shared purpose. Organizations that are disciplined attract others that understand that the path to achieving goals is through team work, built on trust, and that all members of the team are discipline.

We encourage our young leaders; never quit; regroup, assess, and reengage. Character and Discipline enable leaders to accomplish tasks and complete mission out of but having pride and confidence, which will build pride in your organization.

A New Setting (continued from Page 2)

great unless I work at my craft. I can have all the help in the world but if I am not willing to step out of my comfort zone and go that extra mile, it will be more difficult to reach my goal.

My current goals are to be consistent in working out to get my times down and my score up. Football taught me to grind and train hard but ROTC taught me how to be consistent and accept help. I cannot succeed unless everyone succeeds I look forward to continuing my career as a Morgan State ROTC cadet and growing into a great leader and an even better person.